

flourish NATUROPATHY

Tracey Loughran ND

4th Floor, Consultancy House, 7 Bond street, Dunedin

P: 477 2558

M: 021 154 8384

E: flourishonline@gmail.com

CARDIOVASCULAR RISK QUESTIONNAIRE

Please tick if any of the following apply to you:

Tick

	High blood pressure [over 140/90]
	High cholesterol [total cholesterol over 5.0]
	High homocysteine [over 10]
	Diabetes
	High CRP (C-Reactive protein - inflammatory marker)
	Overweight
	Family history of heart disease (parents, siblings)
	Polycystic ovarian syndrome
	Smoker
	Sedentary lifestyle
	Previous heart attack
	Previous stroke
	Angina
	Are you male
	Are you female
	Are you 30-40
	Are you 40-50
	Are you 50-60
	Are you 60-70
	Are you 70-80
	Are you 80-90